

Activity for Module D, Section 3

Carol Ann's Conflict Over Where to Live

Principle 1: Concentrate on Communication

Are Carol Ann and Jan hearing each other when they talk about where to live?

Does Carol Ann know what Jan wants for her? Does Jan know what is most important to Carol Ann?

Other thoughts: _____

What can I, as a Support Broker, do to improve communication between Carol Ann and Jan?

Principle 2: React to Situations, not Personalities

Is Jan's desire to see Carol Ann in a group home influenced by her fear of something?

Has Jan been a leader in the family? Are there other family members who are OK with Carol Ann living alone who could help support Jan in this process?

Other thoughts: _____

What can I do as a Support Broker to help Carol Ann and her Circle of Support negotiate the important points of living alone?

Principle 3: Prepare!

What am I not aware of about Carol Ann's past living experiences that Jan might be using as justification for a group home placement?

What are the realistic options for group home placement in the area? Has Jan investigated this?

Other thoughts: _____

What do I need to learn about before discussing this issue again with Jan and Carol Ann?

Principle 4: Pursue Interests, not Position

Is it hard for Jan not to get her way?

What happens when Carol Ann and Jan disagree? Does Jan use control of funds as a motivator?

Other thoughts: _____

Because Jan is such an active member of the Circle of Support, how can I assist Jan to approach this issue as a question to be answered (what does it take to have Carol Ann safely live alone) versus an issue solely about risk and fear?

Principle 5: Strive for Win/Win Outcomes

What outcome will be acceptable to Carol Ann? To Jan?

Are there supports or services that would assist Carol Ann to better reach her acceptable outcome?

Other thoughts: _____

Principle 6: Be Creative!

Has Jan seen what Carol Ann does everyday, at home, at work?

Are there fun things Carol Ann would like to do that she could share with Jan?
(i.e. start a movie club, scrap book activities to send to each other...)

Other thoughts: _____

What can I do, as a Support Broker, to create new connections between Jan and Carol Ann?

Principle 7: Make Concessions Wisely

Negotiation does not necessarily mean compromising. Can you think of anything that would be easy to give in about, that would be damaging to Carol Ann's goals and dreams?

Principle 8: Follow Up!

What ideas listed above have included actions that you or Carol Ann would take over the next few weeks or months? Remind yourself by listing those activities on a timeline.
